

President: Lynne Hardy
Vice President: Elizabeth Baker
Secretary: Heather Fronckowiak
Financial Secretary: Sharon Kosowsky
Business Manager: Sue Pritt
Treasurer: Ted Wright



Community Life Support, Inc
Meeting Minutes
June 14, 2023

Classes of Board

2022: Liz Baker, Sharon Kosowsky and Dave Smith, Deanna Rohloff

2023: Ted Wright, Heather Fronckowiak, Christine Barton, Nick Matulis, Deb Barton

2024: Sue Pritt, Darlene Marshall, Lynne Hardy, Judy Minckler, Tanya Lipinski

Community Life Support, Inc. mission is to provide multiple approaches to community building that encourage healthy lifestyles through education, services, and opportunities.

Our Purpose: Community Life Support, Inc. purpose is to build community capacity through volunteer opportunities, activities, events and services. Community Life Support fulfills its mission and purpose in a unique structure as shown in our logo.

1. Welcome

- a. Attendance Sheet: Heather, Lynne, Liz, Darlene, Ted, Tanya, Judy, Sue
- b. Absent/Excused: Deanna Rohloff, Nick Matilus, Christine Barton, Sharon Kosowsky, Dave Smith

2. Review of Minutes from April 2023-Tanya – motion to approve, Lynne 2nd and all in favor.

3. Review of the Financial Reports: Attached to agenda

Program Fees- when price is set by us- providing a service to the community

*Fundraising- we are gaining money

Donations

Tax report has been accepted and processed.

Motion to approve the financial reports– made by Liz, Sue 2nd and all in Favor

4. Food Pantry Report- Liz

- 1,034 hours volunteered so far in the pantry
- Food cost has increased
- School has reached out for help with the school snacks- elementary and high school snack shelves
- Food delivery- 1st Friday of the month
- Four new families

5. Session Actions-New Business:

- a. New sign
- b. Carpet being replaced with different flooring

6. Community Meals Report- Judy & Sue Pritt- CLS-

Discussed cost to each organization above the \$250 and making sure everyone has the information in advance.

August- All agreed to take a month off due to vacations, etc.

7. Report on Scholarship Applications- Three applications of students, winner to be announced at graduation.

8. New Business:

- a. CLS Volunteer t-shirts
- b. Google Drive cls.team12154@gmail.com
- c. 50/50 at Concerts- benefit Food Pantry- Sue and Robin
- d. New Classes- Functional Strength Training with Darlene at the School June 21st 7-830 (7signed up so far)
- e. Give Butter QR code for Donations has been developed
- f. Senior Housing- Lynne working on
- g. Sponsor List development- Lynne working on
- h. Volunteering- All board members encouraged to participate at Community Dinners
- i. Annual Meeting- Biography of each board member needs to be updated and submitted before the annual meeting. Wednesday- August 16th
- j. Waterproof storage outside pantry – Liz and others will get quotes and look for second hand.
- k. Cut for a Cause- Aug 21@ 9am-12pm – can we add School Supplies? Liz/Heather will look into
- l. Crochet 1- Knit Too. June 20- 11 am – hats for Dillion- Warm laps across America

9. Strawberry Festival- 97 vendors, more food and a lot of kids' activities. Saturday 6/17/23
Volunteers Saturday at 7:30am

Friday morning 10am- Strawberries divided into pints.

10. Workshops coming up

- a. Tanya Financial workshops
- b. Yoga classes-
 1. Monday with Kelsey
 2. Wednesday with Sharon
 3. Friday with Stephanie

11. Cooking Class Cornell Cooperative Extension- no news at this time.

12. Dates to Anticipate: see list attached Liz and Lynne

- a. June 17, 2023- Strawberry Festival- Bake Sale CLS
- b. August 21- Cut for a Cause- Benefits Food Pantry

13. Old Business-

- a. Young at Heart- three months so far. 2nd Monday of the month
- b. Gardening program- Valley Falls Gardening going well.
- c. Farmers Market- Friday nights (June 24th need a volunteer)

14. Other Business

15. Comments- Affirmations

16. Motion to Adjourn- Darlene, 2nd Lynne, all in favor.

Next Meeting **August 16th** Annual Meeting 2023